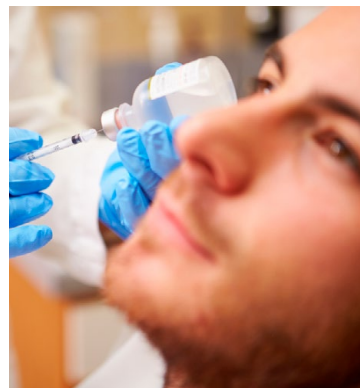
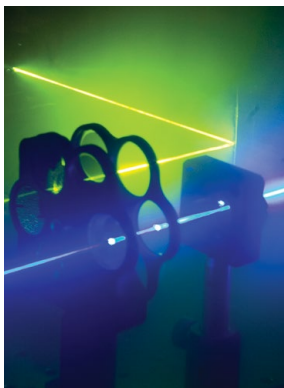


FIFTEENTH ANNUAL MEETING

Laser & Aesthetic Skin Therapy: What's the Truth?

OCTOBER 24-25, 2020



More than 40 interactive lectures, real-time audience-response questions, demonstrations and interactive Q&A sessions led by world-renowned experts. Topics include:

- Laser safety
- Pigmented lesions, rosacea, rhytides
- Tattoo removal
- Hair removal and transplantation
- Non-ablative fractional resurfacing
- Ablative fractional resurfacing
- Tissue tightening
- Lasers and ethnic skin
- Melasma
- Treatment of scars
- Acne and photodynamic therapy
- Non-invasive fat removal
- Chemical peels
- Non-surgical treatment for basal cell carcinoma
- Complications and legal issues in aesthetics
- Aging skin
- Microneedling
- Vaginal rejuvenation
- Botulinum toxins and soft tissue fillers
- **HOT TOPICS!** What you will be using in the next five years and new and innovative applications for lasers and light sources

PHYSICIANS INCLUDING DERMATOLOGISTS, PLASTIC SURGEONS, FACIAL PLASTICS AND OPHTHALMOLOGISTS CAN RELY ON THIS PROGRAM FOR THE LATEST ADVANCES AND TECHNIQUES IN LASER AND AESTHETIC SKIN THERAPY

**UNDER THE LEADERSHIP OF:
R. Rox Anderson, MD, and
Mathew M. Avram, MD, JD**

EARN UP TO:

15.50 AMA PRA Category 1 Credits™
or ECMECs®

1.25 Risk Management Credits

REGISTER NOW: LaserSkinTherapyBoston.com

The Latest Advances and Techniques in Laser and Aesthetic Skin Therapy

We are offering this program via live streaming to ensure that you have access to timely CME opportunities during the ongoing COVID-19 pandemic.

Practical Information That You Can Use Now

Staying current with the rapid advances in laser and aesthetic skin therapy is an increasingly important challenge for physicians. Our patients' demand for such services has resulted in the need to be better educated and trained in safe and effective practices. At present, few non-industry-sponsored meetings exist for those who practice laser and aesthetic skin therapies. This highly rated course will emphasize new techniques and technologies, along with clinical endpoints and laser safety, while also critically evaluating current treatment practices—all free of commercial exhibits from industry.

You will leave this course with an understanding of new laser treatment paradigms and emerging technologies, and get a glimpse into the future of this cutting-edge field with exciting talks given by world-renowned experts. This will be a critical, well-informed, clinically relevant course that highlights proper patient evaluation and aesthetic techniques.

HIGHEST-RATED CME

This program has sold out in previous years due to limited seating, but the new virtual platform provides the opportunity for everyone to attend, as it eliminates the need to travel.

The following problems and techniques will be addressed:

- Aging skin
- Vascular lesions and rosacea
- Wrinkles
- Tattoos and pigmented lesions
- Acne and photodynamic therapy
- Laser hair stimulation
- Basal cell carcinoma
- Non-invasive fat removal
- Non-ablative fractional resurfacing
- Ablative fractional resurfacing
- Botulinum toxins
- Chemical peels
- Microneedling
- Soft tissue fillers
- Hair removal and transplantation
- Lasers and ethnic skin
- Complications and legal issues in aesthetics
- Treatment of scars
- Non-surgical vaginal rejuvenation
- What you will be using in the next five years

WHO SHOULD ATTEND?

- Dermatologists
- Plastic surgeons
- Ophthalmologists
- Facial plastics

Learning Objectives

At the end of this course, you will be able to:

- Identify safe practices of laser surgery therapy and its role in clinical practice.
- Evaluate potential complications and mistakes when using lasers for aesthetic procedures.
- Outline appropriate treatment modalities and duration of action required for laser and dermal filler injections that minimize complications and deliver optimal patient outcomes.
- Assess the risks and benefits involved in performing dermal filler injections.
- Analyze controversies in the field of laser surgery and aesthetic skin therapy.
- Summarize new and emerging technologies for laser surgery and aesthetic skin therapy treatment.

REGISTER NOW: LaserSkinTherapyBoston.com

Course Directors



R. Rox Anderson, MD

Professor of Dermatology
Harvard Medical School
Director
Wellman Center for Photomedicine
Massachusetts General Hospital



Mathew M. Avram, MD, JD

Associate Professor of Dermatology
Faculty Director for Dermatology
Laser & Cosmetic Surgery Training
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Director
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Past President
American Society for Laser Medicine
& Surgery



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Institute

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Assistant Voluntary Professor
University of Miami Miller School of Medicine
Subsection Chief of Dermatology
Baptist Hospital of Miami
Medical Director and Owner
Miami Dermatology & Laser Institute
Medical Director, Miami Cancer Institute's
Multidisciplinary Skin Cancer Clinic
Medical Director
Canyon Ranch

Molly Wanner, MD, MBA

Assistant Professor of Dermatology
Harvard Medical School
Department of Dermatology
Massachusetts General Hospital

Registration

Laser & Aesthetic Skin Therapy: What's the Truth?	REGISTRATION FEE
Live Streaming Program	\$699

PAYMENT, CONFIRMATION AND REFUND POLICY

You may register by credit card (Visa, MasterCard or American Express) using Harvard Medical School's secure online registration system. A processing fee of \$10 (USD) will be assessed per transaction. Upon receipt of your paid registration, an email confirmation from the HMS-GCE office will be sent to you. **Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation and certificate.** Refunds, less an administrative fee of \$75, will be issued for all cancellations received two weeks before the start of the course. Refund requests must be received by email. No refunds will be issued should cancellation occur less than two weeks before. "No shows" are subject to the full course fee, and no refunds will be issued once the conference has started.

INQUIRIES

By phone at 617-384-8600, Monday-Friday, 9 AM to 5 PM (ET), or by email at: ceprograms@hms.harvard.edu.

General Information

ACCREDITATION

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 15.50 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MAINTENANCE OF CERTIFICATION STATEMENT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 15.50 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

CANADIAN ACCREDITATION

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

EUROPEAN ACCREDITATION

Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert *AMA PRA Category 1 Credits*[™] to an equivalent number of European CME Credits[®] (ECMECs[®]). Information on the process of converting *AMA PRA Category 1 Credits*[™] to ECMECs[®] can be found at: www.eaccme.eu.

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This course will emphasize new techniques and technologies while also critically evaluating current treatment practices—all free of commercial exhibits from industry.

RISK MANAGEMENT

This activity meets the criteria of the Massachusetts Board of Registration in Medicine for 1.25 credits of Risk Management Study. Please check your individual state licensing board requirements before claiming risk management credit(s).

NURSE PRACTITIONERS AND PHYSICIAN ASSISTANTS

Please visit LaserSkinTherapyBoston.com/Accreditation for details.

DISCLOSURE POLICY

Harvard Medical School (HMS) adheres to all ACCME Accreditation Criteria and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g., planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

DISCLAIMER

CME activities accredited by Harvard Medical School are offered solely for educational purposes and do not constitute any form of certification of competency. Practitioners should always consult additional sources of information and exercise their best professional judgment before making clinical decisions of any kind.



Why You Should Attend

Practitioners from around the world attend this unique course to ensure they are current with state-of-the-art clinical practices and skills, including:

- Optimizing approaches for comprehensive rejuvenation
- Understanding the evolving concepts and treatment of scars
- Improving outcomes for site-specific rejuvenation
- Individualizing multifaceted approaches to integrating use of energy-based devices and injectables
- Understanding device-based treatment of fat and cellulite, as well as its complications
- Navigating complications and legal issues
- Practicing laser safety for patient and provider

REGISTER NOW: LaserSkinTherapyBoston.com

SATURDAY, OCT. 24

LASER AND AESTHETIC BASICS

7:30am – 7:40am

Introduction and Welcome

Mathew M. Avram, MD, JD
R. Rox Anderson, MD

7:40am – 8:15am

Principles of Energy-Based Device–Skin Interactions: Introduction to Energy-Based Devices

R. Rox Anderson, MD

8:15am – 8:30am

Safety 101: Keeping You and Your Patients Safe**

Suzanne L. Kilmer, MD

8:30am – 9:00am

Overview of Lasers, Light Sources and Energy-Based Devices

E. Victor Ross, MD

9:00am – 9:15am

Questions and Discussion

9:15am – 9:30am

BREAK AND REJUVENATION EXERCISES ❖

9:30am – 9:50am

Red Alert: Lasers, Lights and Topicals for Rosacea and Telangiectasia

Jeremy B. Green, MD

9:50am – 10:10am

Update on Tattoo Removal**

Mathew M. Avram, MD, JD

10:10am – 10:30am

Splitting Hairs: Laser Hair Reduction

Catherine M. DiGiorgio, MD, MS

10:30am – 10:55am

Pigmented Lesions and Photoaging: My Approach

E. Victor Ross, MD

10:55am – 11:05am

BREAK AND STRETCH

11:05am – 11:30am

Line It Up: Treatment of Rhytides

Suzanne L. Kilmer, MD

11:30am – 11:45am

Clinical Endpoints

Molly Wanner, MD, MBA

11:45am – 12:00pm

Questions and Discussion

12:00pm – 1:00pm

LUNCH BREAK

FOCUS ON REJUVENATION: NON-ABLATIVE, ABLATIVE AND FRACTIONAL TECHNOLOGIES: WHERE DO WE STAND?

1:00pm – 1:30pm

Non-Ablative and Ablative Fractional Resurfacing: How to Combine Multiple Devices to Achieve the Best Clinical Results

Roy G. Geronemus, MD

1:30pm – 1:50pm

Oldie but Goodie: Ablative Resurfacing

Brian S. Biesman, MD, FACS

1:50pm – 2:10pm

Tissue Tightening: What's the Truth?

E. Victor Ross, MD

2:10pm – 2:20pm

BREAK AND STRETCH

TREATING SKIN OF COLOR

2:20pm – 2:40pm

Clinical Cases: Treatment of Melasma

Henry H.L. Chan, MD, PhD, FRCP

2:40pm – 3:00pm

Treatment of Dyschromia and Pigmented Lesions in Asian Patients: How to Optimize Your Results

Henry H.L. Chan, MD, PhD, FRCP

3:00pm – 3:25pm

Treating Skin of Color: Expert Consult

Andrew F. Alexis, MD, MPH

3:25pm – 3:40pm

BREAK AND REJUVENATION EXERCISES ❖

MEDICAL APPLICATIONS OF LASER AND LIGHT SOURCES

3:40pm – 4:25pm

Surgical, Laser and Other Treatments of Scars: New Advances Transforming the Way We Treat Scars

Jill S. Waibel, MD

Matthias B. Donelan, MD

4:25pm – 4:30pm

CHAIR YOGA STRETCH BREAK ❖

4:30pm – 4:55pm

Research and Treatment: Advances in Hemangiomas and Port-Wine Stains

J. Stuart Nelson, MD, PhD

4:55pm – 5:10pm

Lasers, Cryolysis and Nanoparticles for Acne: Are Selective Treatments for Acne Possible?

Fernanda H. Sakamoto, MD, PhD

5:10pm – 5:30pm

Non-Surgical Treatments for Basal Cell Carcinoma: Emerging Treatments for the Most Common Skin Cancer

Mathew M. Avram, MD, JD

SUNDAY, OCT. 25

7:25am – 7:30am

Introduction: Day 2

Mathew M. Avram, MD, JD

7:30am – 7:40am

Incorporating Fractional Drug Delivery into Your Daily Practice

Merete Haedersdal, MD, PhD, DMSc

7:40am – 7:55am

Photodynamic Therapy: A European Perspective

Merete Haedersdal, MD, PhD, DMSc

7:55am – 8:00am

Questions and Discussion

BODY IS THE NEW FACE

8:00am – 8:10am

Sclerotherapy

Neil Sadick, MD

8:10am – 8:20am

Body Tightening: Energy-Based Devices and Injectables

Jeremy B. Green, MD

8:20am – 8:35am

Treatment of Cellulite: What's the Truth?

Jeremy B. Green, MD

8:35am – 8:40am

Questions and Discussion

8:40am – 9:05am

Body Contouring: Targeting Fat and Muscle

Mathew M. Avram, MD, JD

9:05am – 9:20am

BREAK AND REJUVENATION EXERCISES ❖

9:20am – 9:35am

Non-surgical Vaginal Rejuvenation

Doris Day, MD

PRACTICE PEARLS

9:35am – 9:50am

#Lasers: Social Media and Marketing Tips

Doris Day, MD

9:50am – 10:10am

How to Be a Skeptic: Evaluating New Technologies: An Interactive Session

E. Victor Ross, MD

Jeremy B. Green, MD

10:10am – 10:20am

BREAK AND STRETCH

SPECIAL SESSION: CHEMICAL PEELS

10:20am – 10:45am

Chemical Peels: Video Demonstrations

Peter Rullan, MD

ADVANCED APPLICATIONS OF DEVICE-BASED TREATMENTS

10:45am – 11:10am

Advances in Hair Restoration: Surgery, Robots, Platelet-Rich Plasma: What's the Truth?

Marc R. Avram, MD

11:10am – 11:25am

Microneedling

TBD

11:25am – 11:30am

CHAIR YOGA STRETCH BREAK ❖

11:30am – 12:00pm

You Heard It Here First: What You Will Be Using in the Next Five Years

Mathew M. Avram, MD, JD

Lilit Garibyan, MD, PhD, FAAD

12:00pm – 1:00pm

LUNCH BREAK

WORKSHOP ON SOFT TISSUE FILLERS AND BOTULINUM TOXINS

1:00pm – 1:20pm

A Comprehensive Update and New Indications for Botulinum Toxins

Nowell Solish, MD, FRCP

1:20pm – 1:50pm

Indications and Potential Complications for Soft Tissue Augmentation: What You Need to Know**

Rebecca Fitzgerald, MD

1:50pm – 2:20pm

Soft Tissue Fillers: Video Demonstrations

2:20pm – 2:40pm

Questions and Discussion

2:40pm – 2:55pm

BREAK AND REJUVENATION EXERCISES ❖

SPECIAL SESSION

2:55pm – 3:10pm

Thread Lifts

Arisa Ortiz, MD, FAAD

3:10pm – 3:25pm

Approach to Male Aesthetics

André Braz, MD

3:25pm – 3:35pm

BREAK AND STRETCH

COMPLICATIONS

3:35pm – 4:05pm

Law: Complications and the Mistakes We Make**

Mathew M. Avram, MD, JD

Catherine M. DiGiorgio, MD, MS

CUTTING EDGE

4:05pm – 4:15pm

Oral Supplements for Skin Rejuvenation

Fernanda H. Sakamoto, MD, PhD

4:15pm – 4:40pm

New and Innovative Applications for Laser and Light Sources

R. Rox Anderson, MD

Dieter Manstein, MD, PhD

4:40pm – 5:00pm

Questions and Discussion

Program changes/substitutions may be made without notice. To view the most up-to-date agenda, please visit the course website.

** Qualifies for Risk Management Credits

❖ Optional Wellness Activity

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- Clinical Endpoints
- Emerging Technologies
- Expert-Panel Case Discussions
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