



THIRTEENTH ANNUAL MEETING

Laser & Aesthetic Skin Therapy: What's the Truth?

OCT. 26-27, 2018 SEAPORT HOTEL & WORLD TRADE CENTER, BOSTON, MA



PHYSICIANS INCLUDING DERMATOLOGISTS, PLASTIC SURGEONS, FACIAL PLASTICS AND OPHTHALMOLOGISTS CAN RELY ON THIS PROGRAM FOR THE LATEST ADVANCES AND TECHNIQUES IN LASER AND AESTHETIC SKIN THERAPY

More than 40 interactive lectures, live patient demonstrations, simulated patient encounters, and question-and-answer sessions led by world-renowned experts. Topics include:

- Laser safety
- Complications and legal issues in aesthetics
- Aging skin
- Pigmented lesions, rosacea, rhytides
- Tattoo removal
- Melasma
- Basal cell carcinoma
- Cosmeceuticals
- Tissue tightening
- Acne and photodynamic therapy
- Microneedling
- Non-invasive fat removal
- Non-ablative fractional resurfacing
- Ablative fractional resurfacing
- Botulinum toxins and soft tissue fillers
- Hair removal and transplantation
- Lasers and ethnic skin
- Treatment of scars
- **HOT TOPIC! Ask Me Anything: The Merits of Lasers, Light Sources, Energy-Based Devices and Injectables**

UNDER THE LEADERSHIP OF:

R. Rox Anderson, MD, and Mathew M. Avram, MD, JD

EARN UP TO:

16.00 AMA PRA Category 1 Credits™ or ECMECs®
1.25 Risk Management Credits

REGISTER NOW: LaserSkinTherapyBoston.com

Course Overview

Staying current with the rapid advances in laser and aesthetic skin therapy is an increasingly important challenge for physicians. **Our patients' demand for such services has resulted in the need to be better educated and trained in safe and effective practices.** At present, few non-industry-sponsored meetings exist for those who practice laser and aesthetic skin therapies. **This highly rated course will emphasize new techniques and technologies, along with clinical endpoints and laser safety, while also critically evaluating current treatment practices—all free of commercial exhibits from industry.**

You will leave this course with an understanding of new laser treatment paradigms and emerging technologies, and get a glimpse into the future of this cutting-edge field with exciting talks given by world-renowned experts. This will be a critical, well-informed, clinically relevant course that highlights proper patient evaluation and aesthetic techniques.

The following problems and techniques will be addressed:

- Aging skin
- Vascular lesions and rosacea
- Wrinkles
- Tattoos and pigmented lesions
- Acne and photodynamic therapy
- Laser hair stimulation
- Basal cell carcinoma
- Non-invasive fat removal
- Non-ablative fractional resurfacing
- Ablative fractional resurfacing
- Botulinum toxins
- Cosmeceuticals
- Microneedling
- Soft tissue fillers
- Hair removal and transplantation
- Lasers and ethnic skin
- Complications and legal issues in aesthetics
- Treatment of scars
- Ask Me Anything: The Merits of Lasers, Light Sources, Energy-Based Devices and Injectables

This course will emphasize new techniques and technologies while also critically evaluating current treatment practices—all free of commercial interference from industry.

Who Should Attend?

- Dermatologists
- Plastic surgeons
- Ophthalmologists
- Otolaryngologists

Learning Objectives

At the end of this course, you will be able to:

- Identify safe practices of laser surgery therapy and its role in clinical practice.
- Evaluate potential complications and mistakes when using lasers for aesthetic procedures.
- Outline appropriate treatment modalities and duration of action required for laser and dermal filler injections that minimize complications and deliver optimal patient outcomes.
- Assess the risks and benefits involved in performing dermal filler injections.
- Analyze controversies in the field of laser surgery and aesthetic skin therapy.
- Summarize new and emerging technologies for laser surgery and aesthetic skin therapy treatment.



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Course Directors



R. Rox Anderson, MD

Professor of Dermatology
Harvard Medical School
Director
Wellman Center for Photomedicine
Massachusetts General Hospital



Mathew M. Avram, MD, JD

Associate Professor of Dermatology
Faculty Director for Dermatology
Laser & Cosmetic Surgery Training
Harvard Medical School
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Affiliate Faculty
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Immediate Past President
American Society for Laser
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New York Presbyterian College
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New York, New York

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Baptist Hospital of Miami
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Miami Dermatology & Laser Institute
Miami, Florida

Molly Wanner, MD, MBA

Assistant Professor of Dermatology
Harvard Medical School
Massachusetts General Hospital

Laser & Aesthetic Skin Therapy: What's the Truth?	REGISTER ON OR BEFORE AUG. 24	REGISTER AFTER AUG. 24
Physicians	\$1375	\$1450
Residents and Fellows-in-Training	\$975	\$1050

Fees shown in USD. Your tuition includes daily breakfast, refreshment breaks and lunch as well as complimentary Internet access. All attendees will receive a comprehensive syllabus printed in full color.

General Information

ACCREDITATION

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 16.00 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CANADIAN ACCREDITATION

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

EUROPEAN ACCREDITATION

Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert *AMA PRA Category 1 Credits*[™] to an equivalent number of European CME Credits[®] (ECMECs[®]). Information on the process of converting *AMA PRA Category 1 Credits*[™] to ECMECs[®] can be found at: www.eaccme.eu.

RISK MANAGEMENT

This activity meets the criteria of the Massachusetts Board of Registration in Medicine for 1.25 credits of Risk Management Study. Please check with your individual state licensing board requirements before claiming Risk Management Credits.

DISCLOSURE POLICY

Harvard Medical School (HMS) adheres to all ACCME Accreditation Criteria and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g., planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

DISCLAIMER

CME activities sponsored by Harvard Medical School are offered solely for educational purposes and do not constitute any form of certification of competency. Practitioners should always consult additional sources of information and exercise their best professional judgment before making clinical decisions of any kind.

PAYMENT, CONFIRMATION AND REFUND POLICY

You may register by credit card (Visa, MasterCard or American Express) or check using Harvard Medical School's secure online registration system. A processing fee of \$5 (USD) will be assessed per transaction. Upon receipt of your paid registration, an email confirmation from the HMS-GCE office will be sent to you. **Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation and certificate.** Refunds, less an administrative fee of \$150, will be issued for all cancellations received two weeks before the start of the course. Refund requests must be received by email. No refunds will be issued should cancellation occur less than two weeks before. "No shows" are subject to the full course fee, and no refunds will be issued once the conference has started.

COURSE LOCATION



All sessions for this activity will be held at:
The Seaport Hotel & World Trade Center
One Seaport Lane
Boston, MA 02210
Tel: 617-385-4000
www.seaportboston.com

ACCOMMODATIONS AND TRAVEL

A limited number of rooms have been reserved until Oct. 5 at the **Seaport Hotel**. Please call 617-385-4000 or 1-877-SEAPORT and specify that you are attending the HMS Laser and Aesthetic Skin Therapy course to take advantage of the reduced group rate of \$319 single/double. Discounted rooms may sell out before the expiration date. Early reservations are encouraged.

Please do not make non-refundable airline reservations until you have received an email from our office confirming your paid registration.

INQUIRIES

By phone at 617-384-8600, Monday-Friday, 9 AM to 5 PM (ET), or by email at: ceprograms@hms.harvard.edu.

Why You Should Attend

Practitioners from around the world attend this unique course to ensure they are current with state-of-the-art clinical practices and skills, including:

- Optimizing approaches for comprehensive rejuvenation
- Understanding the evolving concepts and treatment of scars
- Improving outcomes for site-specific rejuvenation
- Individualizing multifaceted approaches to integrating use of energy-based devices and injectables
- Understanding device-based treatment of fat and cellulite, as well as its complications
- Navigating complications and legal issues
- Practicing laser safety for patient and provider

REGISTER NOW: LaserSkinTherapyBoston.com

7:00am – 7:30am

Registration and Continental Breakfast

LASER AND AESTHETIC BASICS: PRIMER COURSE

7:30am – 7:35am

Introduction and Welcome

R. Rox Anderson, MD
Mathew M. Avram, MD, JD

7:35am – 8:10am

Principles of Laser-Skin Interactions: Introduction to Energy-Based Devices

R. Rox Anderson, MD

8:10am – 8:25am

Laser Safety 101: First Do No Harm**

Suzanne L. Kilmer, MD

8:25am – 9:00am

Overview of Lasers, Light Sources and Energy-Based Devices

E. Victor Ross, MD

9:00am – 9:20am

Ask the Experts: Questions and Discussion

9:20am – 9:45am

Refreshment Break

9:45am – 10:00am

Lasers, Lights and Topicals: Achieving Better Outcomes for Rosacea and Telangiectasia

Arielle N.B. Kauvar, MD

10:00am – 10:15am

Tattoo Removal: What You and Your Patients Need to Know**

H. Ray Jalian, MD

10:15am – 10:30am

Laser Hair Removal: Treating All Skin Types Safely

Omar A. Ibrahim, MD, PhD

10:30am – 10:50am

Pigmented Lesions and Photoaging: My Approach

E. Victor Ross, MD

10:50am – 11:15am

Treatment of Rhytides: Line Up Your Approach

Suzanne L. Kilmer, MD

11:15am – 12:00pm

Ask the Experts: Questions and Discussion

12:00pm – 1:00pm

Lunch Break

MEDICAL APPLICATIONS OF LASER AND LIGHT SOURCES

1:00pm – 1:40pm

Surgical, Laser and Other Treatments of Scars: New Advances Transforming the Way We Treat Scars

Jill S. Waibel, MD
Matthias B. Donelan, MD

1:40pm – 2:00pm

Research and Treatment: Advances in Hemangiomas and Port-Wine Stains

J. Stuart Nelson, MD, PhD

2:00pm – 2:10pm

Lasers for the Treatment of Basal Cell Carcinoma: A New Standard Treatment for the Most Common Skin Cancer

Arisa Ortiz, MD

2:10pm – 2:30pm

Incorporating Fractional Drug Delivery into Your Daily Practice

Merete Haedersdal, MD, PhD, DMSc

2:30pm – 2:45pm

Lasers, Cryolysis and Nanoparticles for Acne: The Coming Revolution in How We Treat Acne

Fernanda H. Sakamoto, MD, PhD

2:45pm – 3:00pm

Photodynamic Therapy: New Strategies to Enhance Patient Outcomes

Merete Haedersdal, MD, PhD, DMSc

3:00pm – 3:30pm

Refreshment Break

FOCUS ON REJUVENATION: NON-ABLATIVE, ABLATIVE AND FRACTIONAL TECHNOLOGIES: WHERE DO WE STAND?

3:30pm – 4:00pm

Non-Ablative and Ablative Fractional Resurfacing: How to Combine Multiple Devices to Achieve the Best Clinical Results

Mathew M. Avram, MD, JD

4:00pm – 4:15pm

Ablative Resurfacing: New Techniques with an "Old" Technology

Suzanne L. Kilmer, MD

4:15pm – 4:30pm

Tissue Tightening: What's the Truth?

E. Victor Ross, MD

TREATMENT OF SKIN OF COLOR

4:30pm – 4:50pm

Treating Skin of Color

Omar A. Ibrahim, MD, PhD

4:50pm – 5:10pm

Clinical Cases: Treatment of Melasma

Arielle N.B. Kauvar, MD

5:10pm – 5:20pm

Treatment of Dyschromia and Pigmented Lesions in Asian Patients: How to Optimize Your Results

Henry H.L. Chan, MD, PhD, FRCP

5:20pm – 6:00pm

Ask the Experts: Questions and Discussion

7:00am – 7:30am

Continental Breakfast

FACT VERSUS FICTION

7:30am – 7:50am

Cosmetic Myths Versus Facts: An Assessment of Various Commonly Held Beliefs

Molly Wanner, MD, MBA

7:50am – 8:05am

Cosmeceuticals: Prejuvenation, Rejuvenation and Maintenance

Kelly J. Stankiewicz, MD, FAAD

ADVANCED APPLICATIONS OF DEVICE-BASED TREATMENTS

8:05am – 8:30am

The Skinny on Fat: Treatments of Non-invasive Fat Removal

Mathew M. Avram, MD, JD

8:30am – 8:50am

Advances in Hair Restoration: Surgery, Robots, Platelet-Rich Plasma: What's the Truth?

Marc R. Avram, MD

NEW AND EMERGING TECHNOLOGIES: BOOM OR BUST?

8:50am – 9:00am

Cooling for Pigmented Lesions on Dyschromia

Henry H.L. Chan, MD, PhD, FRCP

9:00am – 9:10am

Microneedling

Jill S. Waibel, MD

9:10am – 9:20am

Nanoparticles for Hair Removal

Mathew M. Avram, MD, JD

9:20am – 9:30am

High-Intensity Focused Electromagnetic Technology

Mathew M. Avram, MD, JD

9:30am – 10:00am

Ask the Experts: Questions and Discussion

10:00am – 10:20am

Refreshment Break

COMPLICATIONS

10:20am – 10:40am

Law: Complications and the Mistakes We Make**

Mathew M. Avram, MD, JD

WORKSHOP ON SOFT TISSUE FILLERS AND BOTULINUM TOXINS

10:40am – 11:05am

A Comprehensive Update and New Indications for Botulinum Toxins

Nowell Solish, MD, FRCP

11:05am – 11:30am

Indications and Potential Complications for Soft Tissue Augmentation: What You Need to Know**

Rebecca Fitzgerald, MD

11:30am – 12:30pm

Lunch Break

LIVE PATIENT DEMONSTRATIONS



12:30pm – 2:00pm

The Art of Neurotoxin Injections: Soft Tissue Fillers and Botulinum Toxins

Nowell Solish, MD, FRCP

Rebecca Fitzgerald, MD

André Braz, MD

Mathew M. Avram, MD, JD

2:00pm – 2:30pm

Ask the Experts: Questions and Discussion

2:30pm – 2:50pm

Refreshment Break

WHAT WOULD YOU DO?

2:50pm – 3:30pm

Expert Approach to Clinical Cases

CUTTING EDGE

3:30pm – 4:15pm

New and Innovative Applications for Laser and Light Sources

R. Rox Anderson, MD

Dieter Manstein, MD, PhD

OPEN DISCUSSION

4:15pm – 4:45pm

Ask Me Anything: Questions and Discussion

The Merits of Lasers, Light Sources, Energy-Based Devices and Injectables

Program changes/substitutions may be made without notice. To view the most up-to-date agenda, please visit the course website.

** Qualifies for Risk Management Credits



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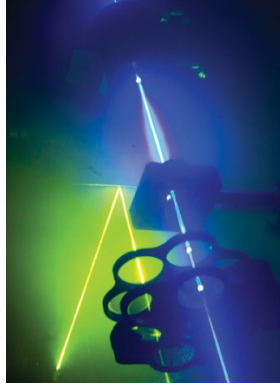
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FEATURING THE LATEST RESEARCH FINDINGS AND CUTTING-EDGE CLINICAL APPLICATIONS IN LASER AND AESTHETIC SKIN THERAPY

- World-Class Speakers
- Major Topics in Aesthetic Dermatology and Lasers
- No "Spin"
- What Works, What Doesn't?
- Clinical Endpoints
- Emerging Technologies
- Expert-Panel Case Discussions
- HOT TOPIC! Ask Me Anything: The Merits of Lasers, Light Sources, Energy-Based Devices and Injectables

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