Laser & Aesthetic Skin Therapy: What's the Truth?

SEPTEMBER 22-23, 2016 | Seaport Hotel and World Trade Center, Boston, Massachusetts, USA

THIS COURSE SOLD OUT IN PREVIOUS YEARS. EARLY REGISTRATION IS STRONGLY ADVISED.

Register at LaserSkinTherapyBoston.com
11TH ANNUAL MEETING
Laser & Aesthetic Skin Therapy: What’s the Truth?
Seaport Hotel and World Trade Center, Boston, Massachusetts

SEPTMBER 22-23, 2016

WORKSHOP ON SOFT TISSUE FILLERS AND BOTULINUM TOXINS
Featuring live patient and video demonstrations

- Diagnosis
  - Aging skin
  - Vascular lesions and rosacea
  - Tattoos and pigmented lesions
  - Acne and photodynamic therapy
  - Laser hair stimulation
  - Non-invasive fat removal
  - Laser-assisted liposuction
  - Non-ablative fractional resurfacing

- Emerging Therapies
  - Ablative fractional resurfacing
  - Botulinum toxins and soft tissue fillers
  - Hair removal and transplantation
  - Lasers and ethnic skin
  - Complications and legal issues in aesthetics
  - Treatment of scars

- Treatment Plans
  - Procedures
  - Patient Counseling

Earn up to:
18.25 AMA PRA Category 1 Credits™ or ECMEC Credits
2.0 Risk Management Credits

Register at LaserSkinTherapyBoston.com
Course Overview

Staying current with the rapid advances in laser and aesthetic skin therapy is an increasingly important challenge for physicians. Our patients’ demand for such services has resulted in the need to be better educated and trained in safe and effective practices. At present, few non-industry-sponsored meetings exist for those who practice laser and aesthetic skin therapies. This highly rated course will emphasize new techniques and technologies, along with clinical endpoints and laser safety, while also critically evaluating current treatment practices—all free of commercial interference from industry.

All sessions are led by master clinicians who deliver information in inspiring and entertaining ways and provide specific recommendations for incorporating the latest updates into your practice.

Who Should Attend?
- Dermatologists
- Plastic surgeons
- Ophthalmologists
- Head and neck surgeons
- Primary care physicians

Learning Objectives
- Identify safe practices of laser surgery therapy and its role in clinical practice.
- Evaluate potential complications and mistakes when using lasers for aesthetic procedures.
- Outline appropriate treatment modalities and duration of action required for laser and dermal filler injections that minimize complications and deliver optimal patient outcomes.
- Assess the risks and benefits involved in performing dermal filler injections.
- Analyze controversies in the field of laser surgery and aesthetic skin therapy.
- Summarize new and emerging technologies for laser surgery and aesthetic skin therapy treatment.

Register at LaserSkinTherapyBoston.com
R. Rox Anderson, MD  
Professor of Dermatology  
Harvard Medical School  
Director  
Wellman Center for Photomedicine  
Massachusetts General Hospital

Mathew M. Avram, MD, JD  
Assistant Professor of Dermatology  
Harvard Medical School  
Faculty Director for Laser and Cosmetic Dermatology  
Director, MGH Dermatology Laser and Cosmetic Center  
Affiliate Faculty, Wellman Center for Photomedicine  
Massachusetts General Hospital

Course Directors

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Clinical Professor of Dermatology  
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Private Practice  
New York, New York

Brian S. Biesman, MD, FACS  
Director  
Clinical Assistant Professor, Ophthalmology, Dermatology, Otolaryngology  
Vanderbilt University School of Medicine  
Director  
Nashville Centre for Laser and Facial Surgery

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Honorary Clinical Professor, Division of Dermatology, Department of Medicine  
The University of Hong Kong  
Honorary Consultant Dermatologist  
Queen Mary Hospital, Hong Kong  
Visiting Scientist  
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Massachusetts General Hospital

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Harvard Medical School  
Chief of Staff  
Shriners Hospital for Children–Boston  
Associate Visiting Surgeon  
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Clinical Instructor  
David Geffen School of Medicine at UCLA  
Private Practice  
Los Angeles, California

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Bispebjerg University Hospital, Copenhagen, Denmark  
Visiting Scientist  
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Staff Dermatologist  
Stamford Hospital

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New York University School of Medicine  
Director  
New York Laser & Skin Care  
Board of Directors  
American Society of Dermatologic Surgery

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Laser and Skin Surgery Center of Northern California  
Sacramento, California

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Massachusetts General Hospital

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Professor of Surgery and Biomedical Engineering  
University of California, Irvine  
Medical Director  
Beckman Laser Institute and Medical Clinic (BLIMC)

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Henry Ford Hospital

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Scripps Clinic  
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Dermatologist  
The Dermatology Institute of DuPage Medical Group

Jill S. Waibel, MD  
Clinical Voluntary Professor  
University of Miami  
Dermatology Subsection Chief  
Department of Medicine  
Baptist Hospital  
Private Practice  
Miami Dermatology & Laser Institute  
Miami, Florida

Participating Faculty

“GREAT SPEAKERS PRESENTING CUTTING-EDGE MATERIAL FROM MANY DIFFERENT RESEARCH CENTERS NATIONWIDE.”

Dieter Manstein, MD, PhD  
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Harvard Medical School  
Department of Dermatology  
Massachusetts General Hospital

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## General Information

### ACCREDITATION
The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 18.25 
**AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### CANADIAN ACCREDITATION
The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

### EUROPEAN ACCREDITATION
Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert 
**AMA PRA Category 1 Credits™** to an equivalent number of European CME Credits® (ECMECs®). Information on the process of converting 
**AMA PRA Category 1 Credits™** to ECMECs® can be found at: www.eaccme.eu.

### RISK MANAGEMENT
This activity meets the criteria of the Massachusetts Board of Registration in Medicine for 2.0 credits of Risk Management Study. Please check with your individual state licensing board requirements before claiming risk management credit(s).

### ACGME COMPETENCIES
This course is designed to meet one or more of the following Accreditation Council of Graduate Medical Education competencies:

- Patient care and procedural skills
- Medical knowledge
- Interpersonal and communications skills

### IOM COMPETENCIES

- Patient-centered care
- Employ evidence-based practice
- Quality improvements
- Utilize informatics

### DISCLOSURE POLICY
Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards and Policies. It is HMS’s policy that those who have influenced the content of a CME activity (e.g., planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

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### Laser & Aesthetic Skin Therapy: What’s the Truth?
Course #734026-1701

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<th>REGISTER ON OR BEFORE AUGUST 5, 2016</th>
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<tr>
<td>Physicians and Allied Health Professionals</td>
<td>$1,300</td>
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<tr>
<td>Residents and Fellows in Training</td>
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Fees shown in USD. Your tuition includes all breakfasts, coffee breaks, lunch, and complimentary Internet access. All attendees will receive a comprehensive printed syllabus.

Activity enrollment is limited to physicians, including residents and fellows (MD, DO). Allied health professionals may attend if accompanied by a physician.

Register at LaserSkinTherapyBoston.com

**Laser & Aesthetic Skin Therapy: What’s the Truth?**

**Course #734026-1701**

- **Physicians and Allied Health Professionals**: $1,300 (before Aug 5, 2016) / $1,375 (after Aug 5, 2016)
- **Residents and Fellows in Training**: $900 (before Aug 5, 2016) / $975 (after Aug 5, 2016)

**Fees shown in USD. Your tuition includes all breakfasts, coffee breaks, lunch, and complimentary Internet access. All attendees will receive a comprehensive printed syllabus.**

**Activity enrollment is limited to physicians, including residents and fellows (MD, DO). Allied health professionals may attend if accompanied by a physician.**

Register at LaserSkinTherapyBoston.com
PAYMENT, CONFIRMATION AND REFUND POLICY
You may register by credit card (Visa, MasterCard or American Express) or check using Harvard Medical School’s secure online registration system at www.LaserSkinTherapyBoston.com. A processing fee of $5.00 (USD) will be assessed per transaction. Upon receipt of your paid registration, an email confirmation from the HMS-DCE office will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation and certificate. Refunds, less an administrative fee of $150, will be issued for all cancellations received two weeks before the start of the course. Refund requests must be received by postal mail, email or fax. No refunds will be issued should cancellation occur less than two weeks before. “No shows” are subject to the full course fee, and no refunds will be issued once the conference has started.

COURSE LOCATION
All sessions for this activity will be held at:
The Seaport Hotel and World Trade Center
One Seaport Lane
Boston, MA 02210
Tel: 617-385-4000
www.seaportboston.com

ACCOMMODATIONS AND TRAVEL
A limited number of rooms have been reserved at the Seaport Hotel (telephone: 1-877-SEAPORT or 617-385-4000) until August 26, 2016. Please specify that you are enrolled in this course to receive the reduced rate of $309 per night single/double.

Please do not purchase non-refundable airline ticket[s] until you have received an email from our office confirming your paid registration.

INQUIRIES
By phone 617-384-8600, Monday-Friday, 9 AM to 5 PM (EDT), or by email at: ceprograms@hms.harvard.edu.

DISCLAIMER
CME activities sponsored by Harvard Medical School are offered solely for educational purposes and do not constitute any form of certification of competency. Practitioners should always consult additional sources of information and exercise their best professional judgment before making clinical decisions of any kind.

Why Attend?
Practitioners from around the world attend this unique course to ensure they are current with state-of-the-art clinical practices and skills, including:

- Optimizing your approaches for comprehensive rejuvenation
- Understanding the evolving concepts and treatment of scars
- Improving outcomes for site-specific rejuvenation
- Individualizing multifaceted approaches to integrating use of energy-based devices and injectables
- Understanding device-based treatment of fat and cellulite, and complications
- Navigating complications and legal issues
- Practicing laser safety for patient and provider

Register at LaserSkinTherapyBoston.com
THURSDAY, SEPTEMBER 22

Registration and Continental Breakfast

7:00am – 7:30am

Focus on Rejuvenation: Non-Ablative, Ablative and Fractional Technologies: Where Do We Stand?

1:00pm – 1:30pm
Non-Ablative and Ablative Fractional Resurfacing: How to Optimize Treatment Outcomes
Mathew M. Avram, MD, JD

1:30pm – 1:40pm
Periorbital Rejuvenation
Brian S. Biesman, MD, FACS

1:40pm – 2:00pm
Perioral Rejuvenation
Suzanne L. Kilmer, MD

2:00pm – 2:30pm
Neck Rejuvenation: What We Can Expect
E. Victor Ross, MD

2:30pm – 3:00pm
Refreshment Break

Medical Applications of Laser and Light Sources

3:00pm – 3:30pm
Research and Treatment: Advances in Hemangiomas, Port-Wine Stains, Venous Malformations, and Other Vascular Conditions
J. Stuart Nelson, MD, PhD

3:30pm – 3:45pm
Lasers, Lights Sources and Photodynamic Therapy for Acne: Optimal Management
Fernanda H. Sakamoto, MD, PhD

3:45pm – 4:00pm
Photodynamic Therapy
David M. Ozog, MD

4:00pm – 4:15pm
Fractional Drug Delivery: Improving Outcomes
Merete Haedersdal, MD, PhD, DMSc

4:15pm – 4:45pm
Surgical, Laser and Other Treatments of Scars: Cases and Best Practices for Your Patients
Jill S. Waibel, MD
Matthias B. Donelan, MD

4:45pm – 5:15pm
When Bad Things Happen to Good Doctors: Complications We Treat**
Mathew M. Avram, MD, JD

5:15pm – 6:00pm
Pose Your Questions - Ask the Experts

Please note: Program changes/substitutions may be made without notice.
FRIDAY, SEPTEMBER 23

7:15am – 7:30am
Continental Breakfast

ADVANCED APPLICATIONS OF DEVICE-BASED TREATMENTS

7:30am – 8:30am
Translating Evidence into Practice: Treatment of Melasma, and Skin of Color
Henry H.L. Chan, MD, PhD, FRCP
Arielle N.B. Kauvar, MD

8:30am – 9:00am
BodySculpting: What Works Best
Mathew M. Avram, MD, JD

TOPICALS, INJECTABLES AND SURGICAL PROCEDURES

9:00am – 9:30am
Advances in Hair Restoration
Marc R. Avram, MD

9:30am – 10:00am
Refreshment Break

10:00am – 10:30am
Sclerotherapy and Endovenous Ablation: Updates
Neil S. Sadick, MD, FAAD

10:30am – 10:45am
Cosmeceuticals: Miracle or Myth?
Kelly J. Stankiewicz, MD, FAAD

COMPLICATIONS

10:45am – 11:15am
Law: Complications and the Mistakes We Make**
Mathew M. Avram, MD, JD

11:15am – 11:45am
Pose Your Questions - Ask the Experts

11:45am – 12:45pm
“Meet the Professor” Roundtables - Luncheon

WORKSHOP ON SOFT TISSUE FILLERS AND BOTULINUM TOXINS

12:45pm – 1:15pm
A Comprehensive Update and New Indications for Botulinum Toxins
Nowell Solish, MD

1:15pm – 2:15pm
Indications and Potential Complications for Soft Tissue Augmentation: What You Need to Know**
Nowell Solish, MD
Rebecca Fitzgerald, MD

2:15pm – 2:45pm
Refreshment Break

2:45pm – 4:00pm
Live Patient Demonstration: The Art of Neurotoxin Injections: Soft Tissue Fillers and Botulinum Toxins
Nowell Solish, MD
Rebecca Fitzgerald, MD

4:00pm – 4:30pm
Pose Your Questions - Ask the Experts

CUTTING EDGE

4:30pm – 5:00pm
New and Innovative Applications for Laser and Light Sources
R. Rox Anderson, MD
Dieter Manstein, MD, PhD

5:00pm – 5:30pm
Newer, More Affordable and Readily Accessible Technology: Future Directions in Laser and Light Sources
R. Rox Anderson, MD

** Qualifies for Risk Management Credits